

Heritage Surgery Center

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Instructions After Surgery

- You may be up and around. You may resume normal activities such as reading, writing and watching television.
- Keep your operated eye protected while outside by the shield, glasses, or sunglasses.
- Wear your shield while sleeping or napping for 7 days. Tape provided in your post-op kit.
- Shower or bathe normally, avoid getting anything irritating in the operated eye.
- No lifting anything over 20 lbs for 1 week; No eye make-up for 3 weeks.
- ABSOLUTELY, NO RUBBING, BLOTTING, OR WIPING THE EYE for 3 weeks.
- When instilling drops, wait 5 minutes between each one



BESIVANCE 0.6%

Use one drop 3 times a day for 7 days, THEN STOP
OR

OCUFLOX 0.3%

Use one drop 4 times a day for 7 days, THEN STOP



PROLENSA 0.07%

Use one drop 1 time a day for 14 days, THEN STOP



PREDNISOLONE ACETATE 1%

Use one drop 4 times a day for 1 MONTH, THEN STOP

OR

DUREZOL 0.05%

Use one drop 3 times a day for 1 MONTH, THEN STOP

**If you have any increase in pain or redness or decrease in vision, please call
972-548-0771**